

Bedtime Bears

by Sheila Cowley

When you can't sleep
call the Bedtime Bears

And they will bounce into your bedroom

With balloons and fireworks

and red and gold and green and purple streamers
waving
don't forget the blue one

You can wave, right?
Bedtime Bears are waving at you

Hello

Bedtime Bears bring bicycles
to ride in loops around your room

One bear has a red bicycle built for two
and that's for you
so you can help her pedal
You can zoom
around the room, yes?

When you can't sleep
Bedtime Bears know what to do

They haul on a trampoline
so big that all the bears can bounce

You can bounce, right?
like the Bears?

Bedtime Bears
all want to play with you

and on their instruments

They will push on a piano
hoist up a guitar
three shiny tubas
and a saxophone

Two bears have a pair of cymbals
Just one each
and so they share
and work together

You can clap your hands, right?
Like the cymbals?

Cheer those bears on

Bedtime Bears will play a tune
They just know one song
and sometimes they forget exactly how it goes

and start the song again
but with a different bumba-dumba

but it's really
not that different

But hey, you can dance to it
and the Bedtime Bears all do
They do the Twist, the Frug, the Foxtrot
and a step they all made up together
called the Looby-Doo

You can dance the Looby-Doo, right?
with the Bedtime Bears?

Bedtime Bears all love to boogie
but
 it's getting past their bedtime
 and they all fall down
 and sigh
and use each other
 as soft pillows

Time for Bedtime Bears to sleep
They hum their Bedtime Tune
 so slowly

And they can't remember
 how it ends
 so they keep humming
 in their sleep

 You know how that song goes, right?
 Here's where you can la-la-la it

Bedtime Bears are snoring
 in such syncopated rhythms
Dreaming that they're dancing for you
 Hang on, how does that song go?
 Zzzzzzzzzzzzz
 Hang on, is that you who's snoring?

Bedtime Bears all drift off gently
 dreaming that you're dreaming of them
 dreaming that in your dreams,
 you are dancing
 with the Bedtime Bears

 You can tell those Bears,
 "Goodnight. . ."